

Gokyo Lake Trek - 12 Days Itinerary

DURATION: 12 DAYS

Trip Facts

- Duration : 12 Days
- Trip Difficulty : Challenging
- Group size : 1-30 Pax
- Accommodation : Hotel/Lodge/Tea House
- Meals included : Breakfast, Lunch & Dinner
- Transportation : Flight/Car
- Trip starting point : Lukla
- Trip Ending point : Lukla



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Best season : March, April and May & September, October and November

Trip Overview

***Gokyo Lake Trek** is one of the beautiful and alternative routes to **the Everest Base Camp journey** that offers an exciting mountain view including; the world's highest mountain. Everest, Lhotse, Cho-Yu, and numerous others, an ordinary Sherpa culture, pleasant Gokyo Valley, the tradition of the Sherpa people group, ancient Buddhist monasteries, scenes, and its nature.*

The **Gokyo Lake Trek - 12 Days** travel officially begins from Lukla with a short impressive; mountain going away from Kathmandu. Lukla is the main tourist junction of the Khumbu valley region. It Leads us through the enchanting Sherpa towns of Phakding, Namche, and Dole, Gokyo village with magical views of the north and west faces of Mt. Everest, set among other massive pinnacles of the Everest range. Alongside the Largest and deepest glacier masses in the world; are Ngozumpa and the Khumbu ice sheet. One more intriguing feature of this journey is the ice lake which is notable as **Gokyo situated at 4780m.**

While you travel in this delightful region, we have a once-in-a-lifetime chance to snatch the lovely encounters of the Khumbu area, the Sherpa people group, and the magnificence of nature. It is a somewhat safe climb journey in the **Everest region**, which can be possible with next to no past traveling climbing experience does not need any specialized help to be as it itself has a rising way, making an intriguing going up to Gokyo - Ri (5,490m) then, at that point, we can get 360* magnificent perspectives on the Himalayas range from here like Everest (8848 m), Makalu (8,481m), Lhotse (8516m), Cho-yu (8201m) and many surrounding pinnacles. Then, at that point, trail downhill continually downward Machhermo, Namche, Manjo, Lukla, and return a picturesque; trip to Kathmandu.

This **12 - days Gokyo Lake Trek itinerary** is highly suggested and planned by our expert group and guides of Himalayan Local Guide considering. It is one of the most outstanding Everest locale journey schedules to appreciate Altogether. This delightful trip can be most important for the traveling experience of the world's most elevated mountain, no less than once in a blue moon. We are here to assist you with making your little glimpse of heaven.

Are you planning a trip with a limited time of the holiday? No worries! We at Himalayan Local Guide Pvt. Ltd would like to offer the [Manaslu Circuit trek](#), [Annapurna Thorong La Pass trek](#), [Annapurna Base Camp Trek](#), [Langtang Valley trek](#), and [Gosaikunda Lake trek](#). We ensure your safety, security, and satisfaction during the Nepal journey.

Trip Itinerary

Day 01: Arrival in Kathmandu (1350meters/4,429feet)

🕒 20 Minute 🍳 Breakfast 🏠 Hotel 🚗 Car/Van 🏔️ 1350 m

Our company staff will come to pick up you at Tribhuvan international airport, our guide will be stand up your name on with paper it will be easy to know each other, at the airport terminal gate. He will take you at your hotel by car or van depends on the group size.

Day 02: Kathmandu — Tenzing Hillary Airport — phakding (2640meters/8,661feet)

🕒 3/4 Hours 🍳 Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚗 Fly/ walking 🏔️ 2640 m

Our trek to Everest Base Camp, after landing at Tenzing Hillary Airport Lukla heading to phakding Village is going to be exhilarating as it will be our first day of the trek. After our beautiful and scenic 35 minutes flight from Kathmandu to Lukla, we will be start our journeys through passes the delightful villages of Chaurikharka and descent towards Ghat village then trek continue to reach the Phakding. Today will be short and easy hiking day, after then we can go to explore the Buddhist monastery or you can prepare the trekking equipments for the long journey Overnight at Lodge.

Day 03: Phakding — Manju — Namche Bazaar (3445meters/11,302feet)



🕒 6/7 Hours 🍳 Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚗 walking 🏔️ 3445 m

Early morning breakfast, after then we will trek continue along the northern bank of the Dudh Koshi River side with the beautiful views around there, we trek passes the beautiful village of Tokto, Benkar, Monju there are check point. We will buy the Sagarmatha National park entry fee, after we will be crossing the suspension bridge and reach to Jorsalle Village, passing through the delightful river side with pine forest then we will be ascending and ramble on pine forest reach to Namche Bazaar Overnight at Lodge.

Day 03: Acclimatization day in Namche Bazaar

🕒 3/4 Hours 🍳 Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚗 Hiking 🏔️ 3445 m

After breakfast, we will be hiking to Everest view hotel. 1st part we have to ascending to reach view point, from there if the blue sky we will be able to

see the delightful mountain view likes; Mt. Everest, Nupste, Lhoste, Ama Dablam, Thamserku, Kusumkangaru and many more mountain, after then we go to visit the khumjung village is one of the colorful villages in khumbu region, explore the Sir Edmund Hillary School, ancient Buddhist monastery and back to Namche Bazzar. Over night at same place.

Day 05: Namche Bazzar – Dole Village (4145meters/13,599feet)

🕒 6/7 Hours 🍽️ Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚶 walking 🏔️ 4145 m

After we enjoy at Namche Bazzar, we trek towards Dole Village with so many ascending and descending part, after we passes the village, we will trek ascending to Monga La Danda, from here, we can see the an amazing views of Thamserku and Ama Dablam. Then after our trail takes us to descending through pine and rhododendron forests, reach at Phorste Tenga, a near the river side alley, we trek continue to walk on the dense forests and reaching to Dole Village, we will stay overnight at Lodge.

Day 06: Dole – Machhermo Village (4450meters/14,599feet)

🕒 4/5 Hours 🍽️ Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚶 Walking 🏔️ 4450 m

Today is short day, after the delicious breakfast, we will start our trek to Machhermo Village, when we climbing higher, we will see the delightful meadows where yaks are pastured and trail side shrines of Buddhist prayer flags. Then we trek continue to Machhermo Village, we will stay overnight at Lodge.

Day07: Machhermo Village – Gokyo Village (4780meters/15,682feet)

🕒 3/4 Hours 🍽️ Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚶 walking 🏔️ 4780 m

Today will be more an exciting day, after the breakfast, we trek to Gokyo Village, we will walking on the Gokyo Lake khola side after we crossing a bridge, we will be entering Gokyo Village. The view of the Lakes, Peaks and Glacier is an amazing breathtaking, after we reach to Gokyo Village, we

will have lunch break first, then after we will go to visit Gokyo Lakes, we can enjoy on there, then we back to Hotel, we will stay overnight at Lodge.

Day 08: Exploration day at Gokyo

🕒 3/4 Hours 🍽️ Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚗 Hiking 🏔️ 4780 m

Today will be another acclimatization day at Gokyo Village and we will explore the Gokyo valley, also we will climb the Gokyo Ri (5490meters) with delightful panoramic including the view of Mt. Everest, Choyou, Ama Dablam and many more peak, then we will return back to Gokyo Village, we will stay overnight at Lodge.

Day 09: Gokyo Village - Machhermo - Dole Village (4145meters/13,599feet)

🕒 6/7 Hours 🍽️ Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚗 walking 🏔️ 4145 m

we will have Breakfast, then after we will head our journey to Dole Village, passes Delightful lakes and Villages reach to Dole village, we will stay overnight at Lodge.

Day 10: Dole Village - Namche Bazzar (3445meters/11,302feet)

🕒 6/7 Hours 🍽️ Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚗 walking 🏔️ 3445 m

After the delicious breakfast, we will head to Namche Bazzar. The trail is the descending passes the delightful village, while you return the downhill, you will feel the totally different, then reach to Namche Bazzar. We will Stay Overnight at Lodge.

Day 11: Namche — Phakding — Lukla (2860m/9,383feet)

🕒 6/7 Hours 🍽️ Breakfast, Lunch & Dinner 🏠 Hotel/Lodge/Tea House 🚶 walking 🏔️ 2860 m

Today is our final day of trekking in the khumbu region; we will trek back down to Lukla. We will trek return the same way which is we had use before going to trek, from this direction the views will be totally different before entered. We trek continue to downhill Jorsalle, Monju, Benkar, Tokto, Phakding, Ghat, Chaurikharka and reach to Lukla overnight at Lodge.

Day 12: Fly Back to Kathmnadu

If the weather conditions are really good at Lukla and Kathmandu then, I am 100% sure we will fly back to Kathmandu. It takes around 35 minutes flight back to Kathmandu. We will drop you at hotels and also upon your request, we can do arrange for Kathmandu valley tours of UNESCO world Heritage Sites; Buddhanath Temple, Monkey Temple, Durbar Squares, Pasupanath Temple, Bhaktapur Darbar Square, Patan Durbar Square and many more place with professional local tours guide etc.



Cost Includes

- International **Airport to Hotel and Airport Pick up and drop** by private car / van / Jeep / Hiace depend on the Group Size.
- Transportation service from Hotel – Domestic Airport – Hotel by Car.
- **kathmandu - Lukla - Kathmandu** flight ticket.
- All Meals on **full Board basis BLD** (Italian, Chinese, Indian, Nepali and many European delicious food lunches, dinner and breakfast) Choose by menu.
- All necessary Entry fee including **Sagarmatha National Park Permit** and Tims Card (Trekking Information Management System).
- **Pasang Lhamu Community Fee.**
- Himalayan Local Guide team, Professional Honest, strong and Government trained English speaking Guide, His salary, three times the meals, Insurance and equipments, etc.
- Himalayan experienced strong and honest porters during the trek (2 Clients for 1 Porter).
- Trekking Lodges (Tea House or Home Stay) During the Trek.
- Assistant Guide for the group 5 or above.
- Approval of Certificate after the successful trekking.

- Supplementary energy bar, crackers, Cookies and Halls etc.
- Seasonal fruits likes; Apple, Oranges, pomegran and Blackberry etc.
- First Aid kit box (Guide will Carry it during the trekking).

Cost Excludes

- Cold drink, such as beer, mineral water, cock, Fanta and Whisky etc.
- Personal expenses such as laundry, telephone, WIFI, Hot Shower, Shopping etc.
- Your International air fare.
- Nepal visa fee. (15 Days -25 U\$D, 30 Days — 40U\$D and 90 Days — 100 U\$D.
- Hotel in Kathmandu with Lunch and Dinner.
- Trekking Equipments.
- Travel insurance that is just in case.
- Tips for Guide and porters.

Trip Map







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