

# Khopra Danda Trek - 7 Days

DURATION: 7 DAYS

## Trip Facts

- Duration : 7 Days
- Trip Difficulty : Moderate
- Group size : 1-20 Pax
- Accommodation : Hotel/Lodge/Tea House
- Meals included : Breakfast, Lunch & Dinner
- Transportation : Bus/Car/Taxi
- Trip starting point : Pokhara
- Trip Ending point : Pokhara



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Best season : March, April and May & September, October and November

## Trip Overview

**Khopra danda Trek - 7 Days** is a newly opened trekking route in the Annapurna Himalayan locales. The trek takes us off the beaten trails with magnificent views of **Mt. Dhaulagiri, Tukche Peak, Nilgiri Himal, Annapurna South, Hiuchuli, Machhapuchhare (Fishtails 6993m)** rural villages, and Millets and rice fields. We pass magnificent Nepalese flowers Rhododendrons and pine forests, and the opportunity to see the Himalayan wildlife animals like; mountain goats, Himalayan Thar, Deer, snow leopards, white Monkeys, and brown Monkeys. We can likewise go climbing to the holy and astounding Khayar Lake. This trek leads to one of the Popular. Which is called; **Ghorepani Poon Hill (3210m)**, gets the best all-encompassing perspectives on Annapurna and Dhaulagiri Himalayan ranges with Wonderful sunrise and sunset views from Poon Hill.

# Short Khopra Danda Trek Itinerary 2024/2025:

Our trek begins with an attractive **200km 7/8 hours drive by tourist bus from Kathmandu to Pokhara**. Journey through the thrilling Gurung of Ghandruk Town and explore the **ancient Buddhist Monastery, Old Gurung Museum, High Secondary school, and village**. The trekking continues to follow to Baishe Kharka, Tadapani, and afterward on the off-beaten trail to Bayali, which goes through Wide woods of pine, Rhododendron, and Oak. Also, Tea House/Lodges are remarkably like homestays.

The trekking trail takes us closer to **Annapurna ranges**, where we can see delightful perspectives on the **Annapurna and Dhaulagiri Ranges**. The **Khayar Lake Ridge** is one more attraction of this excursion, yet possible for those who want to take rough climbs and return to Khopra village. The trail turns down Swanta and ascends to **Ghorepani poon Hill**. This trip is one of the well-known **Ghorepani poon Hill trekking** in the Annapurna Himalayans area. Furthermore, we climb to poon Hill and trip down End at Nayapul. Overall it's a short and moderate trip in Nepal.



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## Is Khopra Danda Trek Difficult?

**Khopra Danda Trip** is Nepal's preferred trekking destination in the Himalayas. The vast majority of the trekkers/travelers with healthy and sensible physical faintness will be able to complete this program without concern, and no previous journeying experience is required. Though this excursion reaches an elevation higher than 4,000 meters, it's very important to drink a lot of water and set a lot of rest to allow your body to adjust naturally to the increased altitude. As always, your trekking/tour guide will take care of your change and ensure you enjoy a safe and rewarding trip to Khopra Danda Nepal Himalayas.

## Physical fitness:

The **7-Day Khopra Danda Trek program** is fitting for beginners to advanced trekkers/travelers who can leisurely **walk at least 5 to 7 hours per day** while carrying a daylight bag. For this trek, altitude sickness is tremendously less, but sometimes it happens while walking at an altitude sickness might be an unexpected illness. It may be a good idea to walk slowly in a musical manner.

## Best Season to Explore the Khopra:

The best time to trek in these areas is from **(autumn)** September, October, November, and **(spring)** March, April till May. During this period time, sometimes accommodation is very difficult to get due to the few tea houses along the journey, but no worries Guide will arrange the sharing room.

## Weather Conditions:



The weather conditions during the both spring and autumn seasons are pretty well with blue skies from September, October, November, and March, April, and May. Daytime, while you walking along the journey, you get the automatic warm, and the sun comes up, but at night and morning time will be cold and you need a warm down jacket thick clothes, etc. During the daytime can reach a temperature around **15 to 20°C** at high altitudes but at night time maybe **0°C to -7°C**.

**Generally**, the Khopra ridge trek is a vast alternative for those who want to experience the natural attractiveness of the Annapurna range, away from the crowds and with chances to discover the typical culture of Gurungs and Magar's lifestyle Nepal Himalayas region.

**Himalayan Local Guide Pvt. Ltd** is leading you at a spirited price to your Khopra trek with local guides and a porters' team who are friendly with those from

these areas. During the journey, the Guide will manage everything like; food, accommodations, transportation, etc.

## Trip Itinerary

### Day 01: Pokhara – Ghandruk Village (1970meters/6,463feet).

🕒 5/6 Hours   🍽️ Breakfast, Lunch & Dinner   🏠 Hotel/Lodge/Tea House   🚗 Drive & walking   🏔️ 1970 m

After breakfast, we will start our drive to Nayapul from Pokhara. Which will be takes around an hour by car or taxi, Nayapul is the main tourist junction for Annapurna Base Camp, Ghorepani Poon Hill, and Khopra danda trek, we will lead to passing the beautiful village of Birethanti has ACAP and Tims Check point, then after checked in the paper on there, we will trek continue to follow along the riverside and we pass the delightful village of Shyauli Bazzar, then trek uphill to Kimche and reach to Ghandruk Village, has beautiful place. We can explore the ancient Buddhist Monastery and Gurung Old Museum.

### Day 02: Ghandruk Village – Tadapani Village (2610meters/8,562feet).

🕒 3/4 Hours   🍽️ Breakfast, Lunch & Dinner   🏠 Hotel/Lodge/Tea House   🚗 walking   🏔️ 2610 m

Today will be a short and easy hike, and after our delicious breakfast, we start our journey to ascend the dense forest of Pine and Rhododendrons, then we will reach Baishe Kharka, they have only two hotels there, and we will have some tea break at there, again we will start our trek to climbing uphill and walk on the jungle after then we will reach to Tadapani Village. From the village, if the sky will blue and clean, then we will be able to see the magical panoramic mountains view of Annapurna South, Himuchuli, and Machhapuchhare with beautiful sunrise and Sunset from the Hotel.

### Day 03: Tadapani – Dobato (3360meters/11,023feet).

🕒 5/6 Hours   🍽️ Breakfast, Lunch & Dinner   🏠 Hotel/Lodge/Tea House   🚶 walking   🏔️ 3360 m

From the Tadapani Village, we walk in the dense forest. While we walk on the way to the jungle, then we will have a chance to see the wild animals White and Brown Monkeys, Himalayan Thars, Musk deer, bears, snow-leopards, and many different kinds of Birds. We trek to continue to reach the Dobato Village, from the lodge we can see the Dhaulagiri range and Tukche Peak, we will stay overnight at Lodge.

### Day 04: Dobato – Chistibung (3005metres/9,858feet).

🕒 5/6 Hours   🍽️ Breakfast, Lunch & Dinner   🏠 Hotel/Lodge/Tea House   🚶 walking   🏔️ 3005 m

We trek from Bayli to Upper Chistibung, this morning we will descend through untamed ground and forest to reach the pastures of lower Chistibun, where we will have a lunch break. After our delicious lunch break, we will trek and continue to walk through a forest, ascending gradually and passing through several buffalo grazing pastures to reach a clearing and temporary herder's settlement at upper Chistibung, where we will stay in the small community lodge. We have contributed to the construction of these lodges, part of a series of projects designed to aid the local community. We are being off the beaten track.

### Day 05: Chistibung – Khopra Danada (Ridge) (3640meters/11,942feet).

🕒 5/6 Hours   🍽️ Breakfast, Lunch & Dinner   🏠 Hotel/Lodge/Tea House   🚶 walking   🏔️ 4020 m

From the Chistibung, we trek continue to walk around the 2 hours to ascend above the timberlines to reach the ridge at Khopra, you can get to see wild animals of Himalayan Thar, Musk deer, Bears, Mountain Goats and Nepalese national birds of Pheasant (Danfe) on the way. From this viewpoint, we will see the delightful views of Mt. Dhaulagiri, Dhaulagiri Peak, Tukche Peak, Nilgiri Himal, Annapurna I, Annapurna South, etc.

## Day 06: Khopra Danda – Tatopani Village (1190meters/3,904feet).

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🕒 6/7 Hours    🍽️ Breakfast, Lunch & Dinner    🏠 Hotel/Lodge/Tea House    🚶 walking    🏔️ 1190 m

After we enjoy our journey, we will be descending to pass through the beautiful village and nature, then we trek continue downhill to reach the Natural Hot Spring at Tatopani Village, we can go to take a bath there, for a relaxing hot bath then back to Lodge.

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## Day 07: Drive Back to Pokhara.

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🕒 4/5 Hours    🍽️ Breakfast & Lunch    🏠 Hotel    🚗 Drive    🏔️ 830 m

After the breakfast we drive back to Pokhara.



**Cost Includes**

- **Airport - Hotel - Airport Pick up and drop off** services by private car/van Hiace: depending on the Group Size.
- Transportation services from **Kathmandu – Pokhara – Kathmandu** by Tourist or local Bus.
- **Pokhara – Nayapul** by Taxi.
- **Tatopani - Pokhara** by Bus.
- A meal during the trek. ( **Lunch, Breakfast & Dinner**) main course from Choose by menu.
- ACAP Permit Entry Fee. (**Annapurna conservation area Project**).
- TIMS Card Fee. (**Trekking Information Management System**).
- A Government licensed well English - speaking Guide. ( Himalayan Local Guide Team)
- Strong and friendly porters to help your luggage during the trek (luggage maximum weight 25kg ).
- six-night mountain basis **Tea House/Guest House** during the trip.
- Helper Guide for group 6 or above.
- Approval of Certificate after the successful trekking.
- Supplementary energy bars, crackers, Cookies, Halls, etc.
- Seasonal fruits likes; Apples, Oranges, pomegranates, and Blackberry, etc.
- Basic First Aid kit box (Guide will Carry it).

## Cost Excludes



- Hard & Soft drinks, such as beer, mineral water, cock, Fanta, and Whisky etc.
- **tea and coffee** of your choice yourself.
- Private expenses such as laundry, telephone, WIFI, Hot Shower, Shopping, etc.
- Your International airfare.
- Nepal visa fee. (15 Days -25 USD, 30 Days — 40USD and 90 Days — 100 USD).
- Hotel in Kathmandu and Pokhara with Lunch and Dinner.
- Trekking Equipments.
- Travel insurance is just in case.
- **Tips** for Guide and porters.

## Trip Map

**Dhaulagiri**  
8176m

**Tukche Peak**  
6920m

**Visit to Khyar Lake**  
4820m

**Annapurna South**  
7265m

**Hot Spring**  
**Tatopani**  
1190m

**Narchyang**  
1510m

**khopra Danda**  
4020m

**Hiuchuli**  
6470m

**Chistibung**  
3005m

**Dobato**  
3360m

**Machhapuchhare**  
6995m

**Beni**  
**Bazzar**

**Tadapani**  
2610m

**Ghandruk village**  
1970m

**Nayapul**  
1050m

**Pokhara**  
830m

**Drive Kathmandu to Pokhara**  
200km



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**Khopra Danda Trekking**  
**Route Map**